

2010 COMMUNITY CREEK CLEAN-UP SAFETY REQUIREMENTS

Acceptance of and adherence to these safety conditions is a requirement of participation in the 2010 Community Creek Clean-up event.

While working in your assigned area, remember: SAFETY FIRST!

1. All volunteers are **required** to wear sturdy (closed-toe) shoes or boots.
2. It is **strongly** recommended that you also wear long pants, a long-sleeve shirt, sunscreen, and gloves. Hats are also encouraged.
3. Avoid overexertion. Drink plenty of water. Do not consume alcoholic beverages before or during the cleanup event.
4. Watch your footing and stay off unstable slopes, drainage facilities or places from which you might fall.
5. Be alert for places where snakes may be located. Also, be alert for stinging insects and poisonous plants such as poison oak/ivy.
6. Use caution when crossing the trail or when you are near the chippers or persons using chainsaws.
7. Do not touch or attempt to remove material that you suspect may be toxic or hazardous. Immediately note the location and notify the Command Center Captain of the location of weapons or suspected toxic substances.

ALWAYS WORK IN PAIRS

